



<b>Procedures</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Setup/Instruct Patient in Sitz Bath					
Administer:					
❖ Tap/Saline Enema					
❖ Soap Suds Enema					
❖ Oil Retention Enema					
❖ Fleets Enema					
Post Mortem Care					
Douches					
Perform:					
❖ Wet to Dry Dressings					
❖ Sterile Dressing Changes					
❖ Bladder Care					
❖ Ostomy Care					
❖ NG Tube Feeding					
❖ Gastrostomy Tube Feeding					
❖ Personal Hygiene/Oral Care					
❖ Wound Irrigation					
❖ Catherization (Male & Female)					
❖ Nasal Suctioning					
❖ Oral Suctioning					

<b>Management of:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Chest Tube					
Jejunostomy Tube					
Levine Tube					
Nephrostomy Tube					

<b>Medication and Administration</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Emergency Medication/Crash Cart					
Heparin Lock					
Inhalers					
Intradermal					
Intramuscular Injections					
Nasal Drops					
Ophthalmic Drops					
Ophthalmic Ointments					
Oral Medications					
Rectal Suppositories					
Subcutaneous Injections					
Topical Ointments					
Track Injections					
Vaginal Suppositories					

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<b>Intravenous</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Change IV Tubing					
Chemotherapy					
CVP Line					
Discontinuing an IV					
Hyperalimentation					
IV Push Drugs					
Maintain IV Site					
Medication Addition					
Packed RBC					
Piggyback Administration					
Plasma					
Platelets					
Regulate Flow					
Serum Albumin					
Starting an IV					
Whole Blood Administration					

<b>Specimen Collection</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Foley Catheter Specimen					
Obtain:					
❖ Sputum Specimen					
❖ Stool Hemocult					
❖ Stool Ova/Parasite					
❖ Stool Specimen					
❖ Urine for Culture					
❖ Urine for Specific Gravity					
Perform Straight Catherization					
Assist with Clean Catch Midstream Urine Specimen					
Specimen					
Collect 24 hour Urine Specimen					

<b>Equipment</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Humidifiers					
Alternate Pressure Mattress					
Ambu-Bag					
Bed Scale					
Blood Glucose Monitors					
Corstovac Suction					
Egg Crate Mattress					
Enteral Pump					
Heat Lamp					

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<b>Equipment</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Heating Pad					
Hemovac/Davol Suction Pump					
Hoyer Lift					
Incentive Spirometer					
Infusion Devices (Volumetric Pump)					
Pleuravac/Emerson Suction					
Use Of:					
❖ Venturi Mask					
❖ Wall Suction					
Management Of:					
❖ Nasal Cannula					
❖ Oxygen Mask					
❖ Trach Collar					
Care of Patient with PCS Pump					
Application of TED Hose					
ABG Kits					
Assist with Setup of Water Seal Suction					
Application of:					
❖ Soft Limb Restraints					
❖ Leather Restraints					
❖ Posey Restraints					
Observation of Patient in Restraints					
Documentation of Restraints					
Safety Guidelines of Patient in Restraints					

<b>Assessment</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Cardiopulmonary Arrest					
Drug/Allergic Reaction					
Management of the Patient					
Perform:					
❖ Cardiovascular Assessment					
❖ Gastrointestinal Assessment					
❖ Genitourinary Assessment					
❖ Musculoskeletal Assessment					
❖ Neurological Assessment					
❖ Respiratory Assessment					

**AGE- APPROPRIATE CARE:** Ability to adapt care to incorporate normal growth and development, adapt method and terminology of patient instructions as it relates to the age and comprehension level of the patient, and to ensure a safe environment- reflecting specific needs of the patient and various age groups.

Age	1	2	3	4	5
Newborn (birth- 30 days)					
Infant (30 days- 1 year)					
Toddler (1- 3 years)					
Preschooler (3- 5 years)					
School Age (5- 12 years)					
Adolescents (12- 18 years)					
Young Adults (18- 39 years)					
Middle Adults (39- 64 years)					
Older Adults (64+ years old)					

Initials \_\_\_\_\_

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