



Nursery/Postpartum Skills Checklist

Name: _____ Date: _____

Email Address: _____ Phone: _____

Level of Efficiency

1=No Experience

2=Limited Experience

3=Experienced

4=Proficient

Newborn Care	1	2	3	4
Complete Physical Assessment of Newborn:				
a) Ballard Scale				
b) Dubowitz Scale				
Assess:				
a) Vital Signs				
b) Weight				
c) Length				
d) Circumference				
e) Reflexes				
Obtaining Urine Specimens and Testing Stool for Blood				
Eye Prophylaxis				
Providing a Thermo-Neutral Environment				
Bathing Infant with an Intact Cord				
Cord and Circumcision Care				
Assessing for Jaundice				
Phototherapy Treatment				
Obtaining Blood Specimens Via Heelsticks				
Identifying Newborn and Processing for Discharge				
Changing Dressings				
Work Within a Family-Centered Maternity Care Philosophy Setting				
Perform Infant Cardiopulmonary Resuscitation				

Postpartum Care	1	2	3	4
Status in Involution				
a) Lochia				
b) Fundus				
c) Episiotomy/Perineum				
d) Cesarean Section Incision				
Assess:				
a) Vital Signs				
b) GI Function				
c) Breasts				
d) Perineum				
e) Intake and Output				

P.O. Box 396
Middletown, NY 10940-0396

Toll Free – (877) 343-0808

Office – (845) 343-0808

Toll Free Fax – (877) 342-2496

Information@medicalstaffingresource.com

Postpartum Care (Cont'd.)	1	2	3	4
Parental-Infant Bonding				
Care of a Patient:				
a) Post Cesarean Section Incision				
b) Post Tubal Ligation				
c) Post Vaginal Delivery				
Maternal Care Post Fetal-Death/Still Birth				
Assist Patient with Voiding				
Foley Catheter Insertion				
Teach/Assist with:				
a) Breast Feeding				
b) Use of Electric/Manual Breast Pump				
c) Formula Preparation				
d) Perform/Teach Peri-Care				
e) Contraceptive Counseling				
Administer a Sitz Bath				
Apply Ice to Perineum				
Evaluate for:				
a) Infection				
b) Hemorrhage				

Medication Administration	1	2	3	4
Unit Dose System				
Administering:				
a) RhoGAM				
b) IM				
c) SC Medication, Including Narcotics				
IV Drip Medications				
a) Antibiotics				
b) PCA Pumps				
c) Oxytocin Infusion				

IV Therapy	1	2	3	4
Start Lines				
Regulate IV Infusions				
Mixing IV Solutions				
Discontinue Peripheral IV's				
IV Infusion Pumps				
Heparin Locks				
Harvard Clamps				
Monitor Blood and Blood Products				

Isolation Techniques and Precautions	1	2	3	4
Universal Precautions				
Respiratory				
Wound/Skin				
Enteric				
Isolating Well Baby from Infectious Mother				
Isolating Infectious Baby from Nursery				