



Sub Acute Unit Check List

Name: _____ Date: _____

Email Address: _____ Phone: _____

**The following checklist is used to assess your experience and skills.
Please provide a self-assessment of your skills using the following guidelines.**

- 1=No Experience**
- 2=Requires Training**
- 3=Have Performed This Task and Able To Perform Without Supervisor**
- 4=Most Experienced and Able to Perform Independently**
- 5=Able to Teach and Supervise**

Cardiac	1	2	3	4	5
Cardiac Arrest/CPR					
Permanent Pacemakers					
Aneurysm					
Post MI					
Post Cardiac Surgery					
Telemetry/Cardiac Monitors					
EKG – Obtain/Evaluate Basic Arrhythmias					

Vascular	1	2	3	4	5
Implanted Port Catheters (Port-A-Cath)					
Peripheral Catheters (PICC) Maintain/Dsg/Access					
Central Venous Catheters (Groshong) Maintain/Dsg/Access					
Infusion Pumps					
IV/Heparin Maintenance					
IV Heparin Lock Insertion					
TPN/Hyperalimentation					
PT/INR's					
Air-Occlusive Dressing					
Knowledge of Normal Serum Lab Values					
Thrombophlebitis					
Ultrasonic Doppler					

Medication Administration	1	2	3	4	5
Coumadin Therapy					
IV Antibiotics					
Chemotherapy					
Insulin Coverage					
Sub Q Heparin					
Aminophylline					
Medication Administration (Cont'd.)	1	2	3	4	5
Bronkosol					
Alupent					
Corticosteroids					
Ventolin					
Anticonvulsant Medications					
Psychotropic Drugs					
Sedation in Elderly Population					
Digoxin					
Antiarrhythmics					
Electrolyte & Replacement Solution					
Antianginals					
Antihypertensives					
Antilipemics					
Diuretics					

Gastrointestinal	1	2	3	4	5
NG Tube Insertion					
Gastrostomy Tube					
Enterostomal Care					
Bowel Obstruction					
Upper GI Endoscopy					
Colonoscopy					
ERCP					
GI Bleed					
Liver Transplant					
Pancreatitis					
Paralytic Ileus					
Hemoccult Tests					
Cholecystitis					

Initials _____

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Genitourinary/Renal	1	2	3	4	5
Electrolyte Imbalance					
Foley Catheter Insertion Care					
GU Irrigations					
Nephrostomy Tube					
Suprapubic Tube					
Chronic/Acute Renal Failure					
Nephrectomy					
Renal Transplant					
Renal Trauma					
Shunts & Fistulas					
TURP's					
UTI's					
Chemstrips – Urinalysis					
Post OP AV Shunt Care					
Peritoneal Dialysis (CAPD)					

Neurology	1	2	3	4	5
Neuro Sign Assessment					
Glasgow Coma Scale					
Seizure Precautions					
CVA					
Head Injury/Trauma					
Alzheimer's/Dementia					
Spinal Cord Trauma/Injury					
Quadriplegic Care					
Paraplegic Care					
Delirium Tremens					

Respiratory	1	2	3	4	5
Ambu Techniques					
Care of Patient on Ventilator					
Establishing an Airway					
Incentive Spirometer					
Interpretation of ABG					
Nasotracheal Suctioning					
Oral Suctioning					
Pulse Oximetry					
Use of IPPB					
Tracheotomy Care					
DSG Changes					
End Tracheal Suctioning					

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Knowledge of Vent Alarms					
Respiratory (cont'd)	1	2	3	4	5
Lung Sound Assessment					
Pulmonary Edema					
Tuberculosis					
Pulmonary Embolism					
ARDS					
Asthma					
Emphysema					
Pneumonia					

Orthopedic	1	2	3	4	5
Total Joint Replacement					
Arthroscopy Surgery					
Buck Extension					
K-Wires/Steinman Pins					
Removal of Hardware					
Spika/Body Cast					
Cast Removal					
Amputation					
Skeletal Traction					
Ortho Trauma					
Laminectomy					

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Other	1	2	3	4	5
HIV Infection/AIDS					
Hepatitis					
Universal Precautions/Isolation Techniques/MRSA/VRSA					
Diabetic Teaching					
General Patient Teaching					
Burn Patient					
Accuchecks/Glucometer					
Restorative Nursing Modalities (ROM & Amputation)					
Decubiti/Skin Care					
Nursing Admission Assessment					
Electronic Monitoring Device					
Residence Bill of Rights					
Advance Directives					
Care Plan Development					
Pain Management					
Fall Risk Assessments					
W10 Forms (Interagency Form)					
MDS Documentation					
Accident/Incident Reports					
Medication Documentation in Long-Term Setting (MAR)					
Kardex/IV Kardex/Treatment Kardex					

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