



## Telemetry/Progressive/Intermediate/Step-Down Care- Checklist

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone: \_\_\_\_\_

**Level of Efficiency**

**1=No Experience**

**2=Moderate Experience**

**3=Experienced**

**4=Proficient**

**5= Ability to Supervise and Teach**

Cardiovascular	1	2	3	4	5
<b>Assessment of:</b>					
Auscultation (rate, rhythm)					
Heart Sounds/ Murmurs					
Pulses/ Circulation Checks					
<b>Interpretation of Lab Results:</b>					
Cardiac Enzymes/ Isoenzymes					
Coagulation Studies					
<b>Monitoring/Telemetry:</b>					
Arrhythmia Interpretation					
Basic 12 Lead Interpretation					
Lead Placement: 5 Electrode Tele					
Lead Placement: 1, 3, 5 Leads					
Lead Placement: Lead II and MCL <sup>1</sup>					
<b>Pacemaker:</b>					
Permanent					
Temporary Epicardial Wires					
Temporary External Pacing					
Temporary Transvenous					
<b>Assist With:</b>					
Arterial Line Insertion					
Central Line Insertion					
<b>Hemodynamic Monitoring:</b>					
A-Line (radial)					
CVP Monitoring					
Femoral Artery Sheath Removal					
Swan-Ganz					
<b>Perform:</b>					
Controlled Cardioversion					
Emergency Defibrillation					
<b>Care of the Patient With:</b>					
Abdominal Aortic Bypass					

P.O. Box 396  
 Middletown, NY 10940-0396

Toll Free – (877) 343-0808  
 Phone – (845) 343-0808  
 Toll Free Fax – (877) 342-2496  
[Information@medicalstaffingresource.com](mailto:Information@medicalstaffingresource.com)

<b>Cardiovascular (Cont'd)</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Aneurysm					
Angina					
Cardiac Arrest					
Cardiomyopathy					
Carotid Endarterectomy					
Congestive Heart Failure (CHF)					
Femoral- Popliteal Bypass					
Post Acute MI (24-48 Hours)					
Post Angioplasty					
Post Arthrectomy(DCA)					
Post CABG (24 Hours)					
Post Cardiac Cath					
Post Stent Placement					
<b>Medications:</b>					
Atropine					
Bretylium (bretylol)					
Cardizem (Diltiazem Hydrochloride)					
Digoxin (Lanoxin)					
Dobutamine (Dobutrex)					
Dopamine (Intopin)					
Epinephrine Adrenalin					
Heparin					
Lidocaine (Xylocaine)					
Nipride (Nitroprusside)					
Nitroglycerine (Tridil)					
Oral Anticoagulants					
Oral and IVP Antihypertensives					
Oral and Topical Nitrates					
Verapamil (Calan, Isoptin, Verelan)					

<b>Pulmonary</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Assessment:</b>					
Breath Sounds					
Breathing Patterns					
<b>Interpretation of Lab Results:</b>					
Arterial Blood Gases					
Blood Chemistry					
<b>Equipment and Procedures:</b>					
Assist With Intubation					
Assist With Thoracentesis					
<b>Care of Airway Management Devices/ Suctioning</b>					
Endotracheal Tube/ Suctioning					
Nasal Airway/ Suctioning					
Oropharyngeal Suctioning					
Oximetry					
Sputum Specimen Collection					

P.O. Box 396  
Middletown, NY 10940-0396

Toll Free – (877) 343-0808  
Phone – (845) 343-0808  
Toll Free Fax – (877) 342-2496  
[Information@medicalstaffingresource.com](mailto:Information@medicalstaffingresource.com)

<b>Pulmonary (Cont'd)</b>	1	2	3	4	5
Tracheostomy/ Suctioning					
<b>Care of Patient on Ventilator:</b>					
Extubation					
Weaning Modes					
<b>Care of Patient With Chest Tube:</b>					
Assist With Set up and Insertion					
Mediastinal Tube Removal					
Pleural Tube Removal					
Use of Pleurevac or Thoraclex					
Use of Water Seal Drainage System					
Chest Physiotherapy					
Establishing an Airway					
Incentive Spirometry					
<b>Oxygen Therapy and Medication Delivery Systems</b>					
Ambu Bag and Mask					
ET Tube					
External CPAP					
Face Masks					
Inhalers					
Nasal Cannula					
Portable Oxygen Tank					
Tracheostomy					
Transtracheal Cannulation					
Oral Airway Insertion					
<b>Care of the Patient With:</b>					
ARDS					
Bronchoscopy					
COPD					
Fresh Tracheostomy					
Lobectomy					
Pneumonectomy					
Pneumonia					
Pulmonary Edema					
Pulmonary Embolism					
Status Asthmaticus					
Thoracotomy					
Tuberculosis					
<b>Medications:</b>					
Alupent (Metaproterenol)					
Aminophylline (Theophylline)					
Bronkosol (Isoetharine Hydrochloride)					
Ventolin (albuterol)					

<b>Neurological</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Cerebellar Function					
Cranial Nerves					
Glasgow Coma Scale					
Level of Consciousness					
Pathologic Reflexes					
Assist With Lumbar Puncture					
Halo Traction					
Nerve Stimulator					
Rotation Bed					
Seizure Precautions					
Use of Hyper/ Hypothermia Blanket					
<b>Care of the Patient With:</b>					
Aneurysm Precautions					
Basal Skull Fracture					
Closed Head Injury					
Coma					
CVA					
DT's					
Encephalitis					
Externalized VP Shunts					
Meningitis					
Multiple Sclerosis					
Neuromuscular Disease					
Post Craniotomy					
Seizures					
Spinal Cord Injury					
<b>Medications:</b>					
Carbanazepine (Tegretol)					
Carbidopa- Levodopa (Sinemet)					
Clonazepam (Klonopin)					
Decadron (Dexamethasone)					
Dilantin (Phenytoin)					
Lorazepam (Ativan)					
Methylprednisolone (Solu-Medrol)					
Phenobarbital					
Valium (Diazepam)					
<b>Gastrointestinal</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Abdominal/ Bowel Sounds					
Fluid Balance					
Nutritional					
Interpretation of Blood Chemistry					
Administration of Feeding Pump and Tube					
Administration of Gravity Feeding					
Flexible Feeding Tube (Corpak, Dobhoff)					
Placement of Nasogastric Tube					
Salem Sump to Suction					

P.O. Box 396  
Middletown, NY 10940-0396

Toll Free – (877) 343-0808  
Phone – (845) 343-0808  
Toll Free Fax – (877) 342-2496  
[Information@medicalstaffingresource.com](mailto:Information@medicalstaffingresource.com)

<b>Gastrointestinal (Cont'd)</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Saline Lavage					
Gastrostomy Tube					
Jejunostomy Tube					
PPN (Peripheral Parenteral Nutrition)					
TPN and Lipids Administration					
T- Tube					
<b>Care of Patient With:</b>					
Bowel Obstruction					
Colostomy					
ERCP					
Esophageal Bleeding					
GI Bleed					
GI Surgery					
Hepatitis					
Ileostomy					
Inflammatory Bowel Disease					
Liver Failure					
Pancreatitis					
Paralytic Ileus					
Whipple Procedure					
<b>Renal/ Genitourinary</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
A-V Fistula					
Fluid and electrolyte balance					
Interpretation of BUN and Creatinine					
Insertion and care of indwelling foley catheter m/f					
Supra-pubic					
Continuous bladder irrigation					
Intermittent Bladder Irrigation					
Routine Specimen Collection					
24 hour specimen collection					
Nephrostomy tube care					
Manual CAPD administration					
Peritoneal dialysis via Automatic cyclor					
<b>Care of the Patient With;</b>					
Hemodialysis					
Nephrectomy					
Peritoneal dialysis					
Renal failure					
Renal transplant					
TURP					

<b>Metabolic</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
S/S Diabetic Ketoacidosis					
S/S Insulin Shock					
Blood Glucose Lab Interpretation					
Thyroid Level Interpretation					
Blood Glucose Monitoring					
Insulin Administration- IV Drip					
Visual Blood Glucose Strips					
<b>Care of Patient With:</b>					
Cushing's Syndrome					
Diabetes Insipidus					
Diabetes Mellitus					
Diabetic Ketoacidosis					
Disorders of the Adrenal Gland (Addison's Disease)					
Drug Overdose					
Hyperthyroidism (Grave's Disease)					
Hypothyroidism					
Pheochromocytoma					
Post Adrenalectomy					
Post Thyroidectomy					
<b>Medications:</b>					
Hydrocortisone					
IM Vasopressin (Pitressin)					
Insulin					
Prednisone					
Radioactive Iodine					

<b>Wound Management</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Assess Skin for Impending Breakdown					
Stasis Ulcers					
Surgical Wound Healing					
Air Fluidized Low Airloss Beds					
Sterile Dressing Changes					
Wound Care/ Irrigations					
<b>Care of Patient With:</b>					
Burns					
Pressure Sores					
Staged Decubitus Ulcers					
Surgical Wounds With Drain(s)					
Traumatic Wounds					

P.O. Box 396  
Middletown, NY 10940-0396

Toll Free – (877) 343-0808  
Phone – (845) 343-0808  
Toll Free Fax – (877) 342-2496  
[Information@medicalstaffingresource.com](mailto:Information@medicalstaffingresource.com)

<b>Phlebotomy/ IV Therapy</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Drawing Blood From Central Line					
Drawing Venous Blood					
Starting IVs- Angiocath					
Starting IVs- Butterfly					
Starting IVs- Heparin Lock					
<b>Administration of Blood/ Blood Products:</b>					
Albumin/ Plasma					
Cryoprecipitate					
Packed Red Blood Cells					
Whole Blood					
<b>Care of Patient With:</b>					
Peripheral Line/ Dressing					
<b>Central Line/ Catheter/ Dressing</b>					
Broviac					
Groshong					
Hickman					
Quinton					

<b>Pain Management</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Assessment of Pain Level/ Tolerance					
<b>Care of the Patient With:</b>					
Anesthesia/ Analgesia					
IV Conscious Sedation					
Narcotic Analgesia					
Patient Controlled Analgesia (PCA Pump)					

<b>Age Specific Practice Criteria</b>									
<b>Newborn/Neonate (Birth – 30 Days)</b>	<b>A</b>								
<b>Infant (30 Days – 1 Year)</b>	<b>B</b>								
<b>Toddler (1- 3 Years)</b>	<b>C</b>								
<b>Preschooler (3- 5 Years)</b>	<b>D</b>								
<b>School Age (5- 12 Years)</b>	<b>E</b>								
<b>Adolescent (12- 18 Years)</b>	<b>F</b>								
<b>Young Adult (18- 39 Years)</b>	<b>G</b>								
<b>Middle Adult (39- 64 Years)</b>	<b>H</b>								
<b>Older Adult (64+)</b>	<b>I</b>								
<b>Experience With Age Groups (√ Appropriate Letters)</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>	<b>G</b>	<b>H</b>	<b>I</b>
Able to adapt care to incorporate normal growth and development									
Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level									
Can ensure a safe environment reflecting specific needs of the age group									

**Initials** \_\_\_\_\_

P.O. Box 396  
Middletown, NY 10940-0396

Toll Free – (877) 343-0808  
Phone – (845) 343-0808  
Toll Free Fax – (877) 342-2496  
[Information@medicalstaffingresource.com](mailto:Information@medicalstaffingresource.com)